**TECHNOLOGY INTEGRATION FOR MEANINGFUL CLASSROOM USE**

**Daily Lesson GAME Plan-Plan A**

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| Lesson Title: **What does it mean to eat smart & exercise smart?** | | Related Lessons: **Health, Reading, Science** | |
| Grade Level: **First** | | Unit:**Health Children Unit** | |
| GOALS | | | |
| Content Standards: **TN health Standard 1: The student will demonstrate the ability to implement decision making and goal setting skills to promote his/her personal health and wellness, thereby enhancing quality of life for himself/herself and those around him/her. Standard 5: The student will understand the relationship of nutrition to healthy living. The learner will use a variety of technologies to access, analyze, interpret, synthesize, apply, and communicate information.** | | | |
| ISTE NETS-S   |  |  | | --- | --- | | \_\_\_ Creativity and innovation | \_X\_\_Critical thinking, problem solving, & decision making | | \_X\_\_Communication and collaboration | \_\_\_Digital citizenship | | \_\_\_Research and information fluency | \_\_X\_Technology operations and concepts | | | | |
| Instructional Objectives:  **The students will compare and contrast and contrast good food with bad food using a Venn diagram. The students will convert written venn diagram to electronic template venn diagram in the keyboarding lab.** | | | |
| ACTION | | | |
| Before-Class Preparation:  **Student will complete a weekly food diary for the week previous to unit being taught.** | | | |
| DURING CLASS | | | |
| Time  **30 minute**  **Additional 30 Minutes in keyborading lab** | Instructional Activities  **The teacher will introduce the unit by asking probing questions about Discuss the venn diagram and what it means to compare and contrast using the venn diagram. What do empty cereal boxes, coffee grounds, orange peels, apple seeds and cores have to do with each other? Well that has nothing to do with your body because you only have one body to last a lifetime. How are you going to keep your body healthy? You have completed a food dairy for what you ate last week and we are going to complete a venn diagram compare and contrast good food versus bad food. You will learn about the food pyramid and what exercise will do for your body. What you learn during the lesson will benefit you for the rest of your life. Let’s learn and have some fun!**  **Teacher will model completing the venn diagram with the data she collected on herself from the previous week.**  **Media specialist in keyboard lab will instruct students how to put their venn diagram into electronic template.** | | Materials and Resources  **Venn Diagram Chart for smartboard**  **Venn Diagram handouts**  **Markers**  **Pencils**  **Computer, interactive white boards, lcd projector and document camera.**  **Websites**  **Food Smarts -**  [**http://pbskids.org/itsmylife/video/index.html**](http://pbskids.org/itsmylife/video/index.html)  **Kids Go Healthy Video -**  [**http://www.vegaspbs.org/index.aspx?NID=1026**](http://www.vegaspbs.org/index.aspx?NID=1026) |
| Notes:  **Students’ responses will be posted on the Venn Diagram. Each student will be complete a Venn diagram from the weekly food diary and then share them on the document camera.** | | | |
| MONITOR | | | |
| Opening Assessment(s):  **Students will complete a venn diagram compare and contrasting good food with bad food. Teacher will monitor students as they work to ensure that they are on task and understand the assignment. Teacher and Media Specialist will walk around answering any questions or problems that may arise.** | | | |
| Accommodations and Extensions:  **ELL (English Language Learners) students will be teamed up with a peer to complete the venn diagram. Slower students will have additional time to complete their venn diagram as needed. Written instructions will be provided for those that need it.** | | | |
| Back-up Plan:  **We will read Spriggles Motivational Books for Children: Health & Nutrition By Jeff Gottlieb.** [**The Berenstain Bears and Too Much Junk Food**](http://www.amazon.com/gp/redirect.html?ie=UTF8&location=http%3A%2F%2Fwww.amazon.com%2FBerenstain-Bears-Much-First-Books%2Fdp%2F0394872177%3Fie%3DUTF8%26s%3Dbooks%26qid%3D1253737951%26sr%3D1-1&tag=youperlapbang-20&linkCode=ur2&camp=1789&creative=9325) **http://www.assoc-amazon.com/e/ir?t=youperlapbang-20&l=ur2&o=1by Stan Berenstain and Jan Berenstain. We will watch a movie on exercise and healthy eating on the vhs recorder if needed.** | | | |
| EVALUATION | | | |
| Lesson Reflections and Notes:  **This nutrition will greatly enhance my students understanding of good nutrition. The students will stay on task as they wait their turns to share their venn diagram.** | | | |

Cennamo, K., Ross, J., & Ertmer, P. (2010). Technology integration for meaningful classroom use: A standards-based approach. Belmont, CA: Wadsworth, Cengage Learning. (p. 130).